

COVID-19 Symptom Management and End-of-life Care Order Set: Long-Term Care Homes

All below are recommended STARTING doses. COVID-19 symptoms may advance quickly.
Be prepared to escalate dosing. This order set does not include a palliative sedation protocol.

Check Orders:

	SUBCUTANEOUS PORT: Insert SC butterfly for scheduled and PRN medication administration. Change every 3 days.
	SUPPLEMENTAL OXYGEN PRN: Via nasal prongs for DYSPNEA to a maximum of 4L/min as needed. Titrate to comfort and not to O2 saturation.
	CATHETER INDWELLING: Insert indwelling urinary catheter PRN for urine retention.
	DIET AS TOLERATED: (comfort feeding if awake) OR NPO (if not awake).
<i>PHARMACOLOGICAL SYMPTOM MANAGEMENT:</i>	
Start with PRN medication dosing, but low threshold to advance to scheduled dosing. If using > 3 PRNs in 24h, consider scheduled dosing AND continue PRN dose. Discontinue non-essential medications.	
	HYDROMORPHONE HCL (DILAUDID) 2 mg/mL SC PRN: Inject 0.5 mg subcutaneously q 30 minutes PRN for DYSPNEA or PAIN.
	HYDROMORPHONE HCL (DILAUDID) 2 mg/mL SC SCHEDULED: Inject 0.5 mg subcutaneously q _ h for DYSPNEA or PAIN.
	LORAZEPAM (ATIVAN) 4 mg/mL SC PRN (ODB LU Code 481): Inject 0.5 mg subcutaneously q 30 minutes PRN for DYSPNEA or ANXIETY.
	LORAZEPAM (ATIVAN) 4 mg/mL SC SCHEDULED (ODB LU Code 481): Inject 0.5 mg subcutaneously q _ h for DYSPNEA or ANXIETY.
	SALBUTAMOL 100mcg MDI (VENTOLIN) INHALER WITH AEROCHAMBER PRN: Give 2 puffs q4h PRN for DYSPNEA or WHEEZE.
	SALBUTAMOL 100mcg MDI (VENTOLIN) INHALER WITH AEROCHAMBER SCHEDULED: Give 2 puffs q _ h for DYSPNEA or WHEEZE.
	HALOPERIDOL (HALDOL) 5 mg/mL SC PRN: Inject 0.5 mg subcutaneously q 1 h PRN for AGITATION or NAUSEA.
	HALOPERIDOL (HALDOL) 5 mg/mL SC SCHEDULED: Inject 0.5 mg subcutaneously q _ h for AGITATION or NAUSEA.
	METHOTRIMEPRAZINE (NOZINAN INJ) 25 mg/mL SC PRN: Inject 6.25 mg subcutaneously q 4 hours PRN for AGITATION REQUIRING SEDATION.
	METHOTRIMEPRAZINE (NOZINAN INJ) 25 mg/mL SC SCHEDULED: Inject 6.25 mg subcutaneously q _ h for AGITATION REQUIRING SEDATION.
	GLYCOPYRROLATE 0.2mg/mL SC PRN (ODB LU Code 481): Inject 0.4 mg subcutaneously q 4 hours PRN for SECRETIONS/CONGESTION.
	ACETAMINOPHEN (TYLENOL) 650 mg SUPP PRN: Insert 1 suppository rectally q 4 hours PRN for FEVER.
	BISACODYL 10MG (DULCOLAX) SUPP PRN: Insert 1 suppository rectally q 24 hours PRN for CONSTIPATION.
	SODIUM BIPHOSPHATE & SODIUM PHOSPHATE 180MG & 80 mg/mL (FLEET ENEMA) PRN: Insert 130 ml rectally q 72 hours PRN for CONSTIPATION.
	NATURAL TEARS PRN: Instill 1 drop in both eyes q 8 hours PRN for DRY EYES.
	BIOTENE ORAL BALANCE GEL PRN (NOT ODB COVERED): Give by mouth every 8 hours as needed for DRY MOUTH. <i>Alternative:</i> <input type="checkbox"/> MOUTH CARE PRN: Give mouth care q 8 hours PRN for DRY MOUTH.