

# THE PROGRAM

FRIDAY OCTOBER 16, 2020

(Times may vary slightly to accommodate the program)



2:40 pm—2:45 pm



## OPENING REMARKS AND WELCOME

**FRED MATHER, MD, CCFP, FCFP, PRESIDENT—OLTCC CONFERENCE CO-CHAIR 2020**

2:47 pm—2:57 pm



## THE HONOURABLE DR. MERRILEE FULLERTON

**MINISTER OF LONG-TERM CARE**

Join us as the Honourable Dr. Merrilee Fullerton brings opening remarks and a welcome to all attendees of the 2020 Virtual Conference. This opening will be brief, but impactful given the last months of the COVID-19 pandemic.

3:00 pm—3:45 pm



## COVID-19, LESSONS LEARNED FOR THE CHALLENGES AHEAD

**ALLISON MCGEER, MSc, MD, FRCPC**

### LEARNING OBJECTIVES

1. Present the current science of SARS-Cov-2.
2. Advise on Long-Term care preparedness for future outbreaks.
3. Provide an update on testing, chemo-prophylaxis and vaccination.

3:47 pm—4:45 pm



## UPDATE FROM THE GERIATRIC AND LONG-TERM CARE REVIEW COMMITTEE AND THE LTC INQUIRY

**DR. ROGER SKINNER, Regional Coroner – Modernization with the Office of the Chief Coroner for Ontario. He is the chair of the Geriatric and Long-Term Care Review Committee and co-lead for implementation of the recommendations of the Public Inquiry into the Safety and Security of Residents in the Long-Term Care Homes System.**

### LEARNING OBJECTIVES

1. Provide and update and analysis of excess deaths during the COVID-19 pandemic.
2. Advise on changes from OCCO following the Long-Term Care Inquiry.
3. Review Long-Term Care cases which require involvement of the Coroner.
4. Give recommendations for proper completions of Medical Certificate of Death.

4:45 pm—5:15 pm

## NETWORKING, EXHIBITS, AND MEETING HUB

5:17 pm—6:00 pm

## CHOOSE A CONCURRENT WORKSHOP (16-01, 16-02 or 16-03)

### 16-01—DEMENTIA MANAGEMENT UPDATED, 5TH CCCDTD

*(Canadian Consensus Conference on the Diagnosis and Treatment of Dementia)*

**NICOLE DIDYK, MD, MHSc (Ed), FRCP(C)**

### LEARNING OBJECTIVES

1. Overview of the significant updates in the 5th CCCDTD.
2. Get an update on definition of VCI and its management and prevention.
3. Review the latest updates about discontinuation of cholinesterase inhibitors in the context of living in Long-Term Care.

### 16-02—DELIRIUM ASSESSMENT AND MANAGEMENT

**JAMES YOUNG, MD, FRCPC**

### LEARNING OBJECTIVES

By the end of the presentation participants will be able to:

1. State the importance of assessing attention in delirium.
2. Discuss the challenges of assessing delirium in dementia.
3. Describe the principles of managing delirium.

# THE PROGRAM



FRIDAY OCTOBER 16, 2020, CONTINUED

## 16-03—DON'T TELL MOM: DELIVERING CULTURALLY SAFE PALLIATIVE CARE IN LONG-TERM CARE FACILITIES

AMIT ARYA, MD, CCFP (PC), FCFP; JOHN DAVEY, MD CCFP(PC)

### LEARNING OBJECTIVES

1. Understand cultural and religious values, and how they may have a large impact on end-of-life decision making.
2. Understand some of the inequities which exist in racialized and marginalized communities with respect to access and provision of palliative care in Long-Term Care.
3. Develop communication strategies which promote collaborative decision making and decrease bias.

6:02 pm—6:07 pm

### CLOSING REMARKS

FRED MATHER, MD, CCFP, FCFP, PRESIDENT—OLTCC  
CONFERENCE CO-CHAIR 2020

6:07 pm—6:30 pm

**STAY WITH US! VISIT EXHIBITORS, NETWORK, VISIT THE MEETING HUB!**

## WEDNESDAY OCTOBER 21, 2020

*(Times may vary slightly to accommodate the program)*

2:45 pm—2:50 pm

### OPENING REMARKS

SANDY SHAMON, MD, CCFP (PC)  
CONFERENCE CHAIR, 2020



2:55 pm—3:40 pm

### CHOOSE A CONCURRENT WORKSHOP (21-01, 21-02 or 21-03)

## 21-01—DEVELOPING A CANADIAN FRAMEWORK FOR LONG-TERM CARE: A PALLIATIVE CARE MODEL

JANICE LEGERE, MD, CCFP (PC)

JOBIN VARUGHESE, MD, CCFP (COE), CMD

### LEARNING OBJECTIVES

1. Describe a new Palliative Care Model in Long-Term Care.
2. Introduce the development of a multi-disciplinary Canadian Framework for Long-Term Care.
3. Elicit ideas and suggestions from participants for the development and promotion of both the above to support the Long-Term Care clinician's provision of optimal resident care.

## 21-02—PHARMACOLOGICAL MANAGEMENT OF COPD: THE JOURNEY FROM MILD TO ADVANCED DISEASE

ALLAN KAPLAN, CCFP (EM) FCFP

### LEARNING OBJECTIVES

1. Apply key principles of pharmacological management of COPD based on the Canadian Thoracic Society 2019 position statement and most recent clinical practice guidelines.
2. Identify key components of COPD personalized management plan and acute exacerbation prevention.
3. Assess components of advance care planning, such as refractory dyspnea management and palliative care.

## 21-03—CAPACITY ASSESSMENT

PAUL FERNER, MD, CCFP, FCFP

### LEARNING OBJECTIVES

1. Come to a good understanding of the legal test for capacity.
2. Briefly review the legislation governing capacity as it relates to Long-Term Care.
3. Determine who the correct Substitute Decision Maker (SDM) is in various scenarios.
4. Learn the nuts and bolts of preparing a letter of incapacity on a resident who is obviously in-capable and the family simply needs confirmation of that fact.

# THE PROGRAM

WEDNESDAY OCTOBER 21, 2020, CONTINUED



3:43 pm—4:45 pm



## 10 ARTICLES THAT COULD CHANGE YOUR PRACTICE

**NATHAN STALL, MD, FRCPC**

### LEARNING OBJECTIVES

1. Examine new evidence on the care of frail older adults in Long-Term Care.
2. Recognize the relevance of the research to one's Long-Term Care practice.
3. Identify effective, targeted interventions from each article that could change one's practice.

4:45 pm—5:15 pm

## NETWORKING, EXHIBITS, AND MEETING HUB

5:17 pm—6:00 pm

## CHOOSE A CONCURRENT WORKSHOP (21-04, 21-05 or 21-06)

### 21-04—ADVANCE CARE PLANNING: WHEN, WHY AND HOW?

**JAMES DOWNER, MDCM, MHSc, FRCPC**

#### LEARNING OBJECTIVES

1. Understand the role and limitations of Advance Care Planning.
2. Have an approach to initiating Advance Care Planning discussions using one of the many resources currently available.
3. Appreciate the value of newer approaches to timely identification of those who might benefit from Advance Care Planning.

### 21-05—THE FRACTURE RISK SCALE: ASSESSING AND MANAGING FRACTURE RISK IN LONG-TERM CARE

**ALEXANDRA PAPAIOANNOU, BSCN, MD, MSC, FRCPC, FACP**

**LYNN NASH, MD, CCFP, FCFP**

#### LEARNING OBJECTIVES

1. To recognize potential risk factors for fractures in older adults living in Long-Term Care.
2. To assess fracture risk using the Fracture Risk Scale.
3. To be able to implement the Clinical Assessment Protocol after assessing the fracture risk.

### 21-06—A FRAMEWORK FOR DEPRESCRIBING IN ONTARIO LONG-TERM CARE

**LISA RICHARDSON, BSc, BScPHM, PHARMd, ACPR**

#### LEARNING OBJECTIVES

1. Describe behaviours that support shared decision making in medication management and deprescribing in Long-Term Care.
2. Participate in the co-creation of relevant tools and processes that support these behaviours.
3. Determine appropriate and relevant dissemination strategies for these resources.

6:02 pm—6:07 pm

## CLOSING REMARKS

**SANDY SHAMON, MD, CCFP (PC)**

**CONFERENCE CHAIR, 2020**

6:07 pm—6:30 pm

## STAY WITH US! VISIT EXHIBITORS, NETWORK, VISIT THE MEETING HUB!



# THE PROGRAM

**FRIDAY OCTOBER 23, 2020**

*(Times may vary slightly to accommodate the program)*



2:15 pm—3:00 pm

**OPENING SYMPOSIUM**  
*(Speaker and Topic to be confirmed)*

3:02 pm—3:05 pm

**OPENING REMARKS AND WELCOME**  
**FRED MATHER, MD, CCFP, FCFP, PRESIDENT—OLTCC**  
**CONFERENCE CO-CHAIR 2020**



3:05 pm—3:50 pm

**CPSO POLICY ON TRANSITIONS / CONTINUITY OF CARE**  
**NANCY WHITMORE, MD, FRCSC, MBA**

**LEARNING OBJECTIVES:**

1. Give an update on the role and activities of the CPSO.
2. Outline the policy on Continuity of Care, and Transitions of Care.
3. Provide advice on improving communication to assure patient safety and wellbeing.



3:52 pm—4:40 pm

**CHOOSE A CONCURRENT WORKSHOP (23-01, 23-02 or 23-03)**

**23-01—CHRONIC KIDNEY DISEASE IN LONG-TERM CARE**

**MICHAEL WANG, MD, FRCP(C)**

**LEARNING OBJECTIVES**

1. Discuss the significance of a low GFR in the Long-Term Care resident. When should a nephrologist be consulted?
2. Review common CKD-related symptoms and its management.
3. Explore the reasons why dialysis may or may not be the “right” thing to do for the patient in Long-Term Care.

**23-02—MANAGING NICOTINE DEPENDENCE IN LONG-TERM CARE DURING COVID-19**

**MARILYN WHITE-CAMPBELL, BA, DIP.GRT**

**LEARNING OBJECTIVES**

1. To discuss the risks of smoking in Long-Term Care Homes during COVID. The development of the COVID Response Tip Sheet.
2. To explore use of and management of long acting and short acting NRT with residents with responsive behaviours.
3. Using case-based learning, demonstrate the successful use of NRT in several Long-Term Care Homes during COVID-19 outbreaks.

**23-03—COMMON ACUTE PRESENTATIONS IN LTC AND HOW TO MANAGE THEM**

**VU KIET TRAN, MD, MHSC(ED), MBA, CHE**

**LEARNING OBJECTIVES**

1. Implement treatment options for acute simple uncomplicated urinary cystitis and uncomplicated pyelonephritis.
2. Implement treatment for uncomplicated lower limb cellulitis.
3. Implement treatment for hypertensive crisis.

4:40 pm—5:15 pm

**NETWORKING, EXHIBITS, AND MEETING HUB**

5:15 pm—6:00 pm

**CHOOSE A CONCURRENT WORKSHOP (23-04, 23-05 or 23-06)**

**23-04—LTC DOCS ARE FROM MARS, ER DOCS ARE FROM VENUS**

**VU KIET TRAN, MD, MHSC(ED), MBA, CHE**

**LEARNING OBJECTIVES**

1. List common areas of miscommunication between the two practitioners.
2. Acknowledge the practical challenges of the two practitioners.
3. Enumerate solutions to mend the gap between the practices.



# THE PROGRAM

FRIDAY OCTOBER 23, 2020, CONTINUED

## 23-05—HOW CAN E-CONSULT IMPROVE MY RESIDENT'S QUALITY OF LIFE

CELESTE FUNG, BSC, MDCM, CCFP

CHERYL LEVI, BScN, PHCNP, MN, GNC(C)

### LEARNING OBJECTIVES

1. Using case examples, participants will learn how eConsult can impact the quality of care provided to residents of LTC.
2. By examining a classification of previously submitted eConsults from LTC primary care providers, participants will learn how colleagues are using the service to enhance their clinical decision making.
3. Participants will learn how they can access the eConsult service and create their own eConsults for submission.

## 23-06—INTERDISCIPLINARY COLLABORATION FOR A RESIDENT WITH COMPLEX AGITATION: COULD THIS BE SEROTONIN SYNDROME?

CARRIE HEER, RN(EC), BSCN, MN, NP-PHC

SALLY EBSARY, RPH, MA, PHARM.D, BCGP

### LEARNING OBJECTIVES

1. Explore collaborative models that coordinate cross-sectoral programs, services and care delivery to support complex residents, including those with, or at risk for, responsive behaviours associated with dementia, complex mental health, substance use and/or other neurological conditions in the Long-Term Care setting.
2. Obtain practical insight into recognizing, assessing and managing residents where a diagnosis or potential diagnosis of serotonin syndrome may be considered.
3. Present and discuss a clinical case of complex agitation with suspected serotonin syndrome.

6:02 pm—6:07 pm

### CLOSING REMARKS

FRED MATHER, MD, CCFP, PRESIDENT—OLTCC  
CONFERENCE CO-CHAIR

6:07 pm—6:30 pm

**STAY WITH US! VISIT EXHIBITORS, NETWORK, VISIT THE MEETING HUB!**



# THE PROGRAM

**FRIDAY OCTOBER 30, 2020**

*(Times may vary slightly to accommodate the program)*



2:45 pm—2:50 pm



**OPENING REMARKS AND WELCOME**  
**SANDY SHAMON, MD, CCFP (PC)**  
**CONFERENCE CHAIR, 2020**

2:52 pm—3:40 pm



**PARKINSON'S DISEASE**  
**MANDAR JOG, MD, FRCPC**  
**LEARNING OBJECTIVES**

1. Review the diagnosis and progression of Parkinson's disease and related movement disorders.
2. Address particularities in managing Parkinson's disease in LTC setting, including neurocognitive impairment.
3. Provide case presentations for discussion.

3:42 pm—4:30 pm

**CHOOSE A CONCURRENT WORKSHOP (30-01, 30-02 or 30-03)**

## **30-01—ADDICTION MEDICINE IN LONG-TERM CARE**

**JONATHAN BERTRAM, MD, CCFP(AM)**  
**MARILYN WHITE-CAMPBELL, BA, DIP.GRT**

### **LEARNING OBJECTIVES**

1. To address familiar cases of Substance Use Disorders in Long-Term care settings.
2. To Demonstrate the overlaps between different substances in the context of challenges with pain sleep and cognitive function.
3. To highlight key recommendations from the Canadian guidelines on Substance Use Disorders and older adults.

## **30-02—MANAGING END-OF-LIFE PAIN IN LONG-TERM CARE**

**VU KIET TRAN, MD, MHSC(ED), MBA, CHE**  
**SUSAN NG, RN, MN, CHPCN(C)**

### **LEARNING OBJECTIVES**

1. To recognize the physical, functional and socioemotional aspects of Palliative and End of Life Care in a Long-Term Care setting.
2. To learn basic assessment of pain in Long-Term Care residents.
3. To understand management of pain in Long-Term Care residents in order to prevent transfer to hospital.

## **30-03—PVD AND VASCULAR ULCERS**

**AHMED KAYSSI, MD, MSc, MPH, CWSP, FRCSC, FACS**

### **LEARNING OBJECTIVES**

1. Case-based management strategies.
2. Treatment options explored.
3. When to refer for amputation.



# THE PROGRAM

## FRIDAY OCTOBER 30, 2020, CONTINUED

4:30 pm—5:00 pm

### NETWORKING, EXHIBITS, AND MEETING HUB

5:02 pm—5:15 pm

### PHYSICIAN OF THE YEAR AWARD

Join us for the virtual presentation of the OLTC 2020 Long-Term Care Physician of the Year Award. The recipient will be announced at this presentation.



2019 Award Recipient, Dr. Andrew Whynot

5:17 pm—6:00 pm

### PANEL: INFLUENZA AND EPIDEMIC MANAGEMENT IN LONG-TERM CARE

Moderator: **FRED MATHER, MD, CCFP, FCFP**

Panel Members: **RHONDA COLLINS, BScN, MD, CCFP(COE), FCFP, CHRISTOPHER MACKIE, MD, MHSC, CCFP, FRCPC; JOBIN VARUGHESE, MD, CCFP (COE), CMD;**

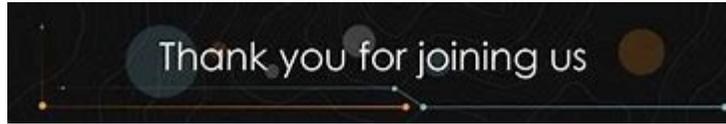
#### LEARNING OBJECTIVES

1. *Reflect on the experience of the COVID-19 pandemic.*
2. *Recommend changes and strategies for future flu and related outbreaks.*
3. *Give specific recommendations for the current season.*

6:02 pm—6:07 pm

### CLOSING REMARKS

**SANDY SHAMON, MD, CCFP, (PC), CONFERENCE CHAIR, 2020**



6:07 pm—6:30 pm

### STAY WITH US! VISIT EXHIBITORS, NETWORK, VISIT THE MEETING HUB!

