

**Conference 2024**  
***Practical Pearls***  
in Long Term Care



**Ontario  
Long Term Care  
Clinicians**

# **PROGRAM AND REGISTRATION GUIDE 2024**

***OLTCC represents the clinical  
expertise in Long-Term Care and  
provides the largest Conference for  
LTC Physicians in Canada for the  
past 40+ years!***

**OCTOBER 25—27, 2024**

**HILTON HOTEL, TORONTO, ONTARIO**

**1288 Ritson Road North, Suite 333**

**Oshawa, ON L1G 8B2**

**office@oltcc.ca**

**905-404-9545**

**www.oltcc.ca**

**OnLTC**



**Committed to  
Excellence  
In LTC**

## PRESIDENT'S MESSAGE



I am so excited for Practical Pearls in LTC 2024 and look forward not only to welcoming back past participants, but hopeful we will see many new practicing clinicians in Long-Term Care as well.

There are some excellent plenary sessions planned, beginning with the keynote speaker Dr. Brian Goldman. Workshops this year cover hot topics such as glycemic control in LTC, tackling antibiotic resistance, asthma and COPD management, and pharmacological

management of BPSD. And that just scratches the surface. With so many great topics, it will be tough to choose!

This conference is not only about learning practical pearls that aid us in providing better care for our residents, it is also the time we get to spend together with our colleagues; connecting with those we haven't seen for a while and meeting new ones.

On behalf of the Board of Directors, I welcome you to what is expected to be another fantastic conference with great opportunities for learning and networking.

Sincerely,

Dr. Rhonda Collins  
President, OLTC

## CONFERENCE CHAIR MESSAGE



Dear friends and colleagues,

I am thrilled to invite you to the Practical Pearls in LTC 2024, the largest conference of its kind in Canada dedicated to providing the most up-to-date, evidence based, practical information for clinicians working in long-term care.

From Vaccine Updates and new BPSD guidelines, to recommendations from the Coroners Geriatric and LTC Review Committee, the presentations will focus on best practices that are transforming the landscape of long-term care. Join us for an exciting lineup of high profile plenary speakers, engaging workshops, and invaluable networking opportunities.

The conference will kick off with a keynote presentation on Resident Centered Care by Dr. Brian Goldman, Canadian physician and host of CBC's Radio's "White Coat, Black Art," followed by Ontario's Chief Medical Officer of Health Dr. Kieran Moore who will provide us public health perspectives and lessons learned from the tragic COVID 19 Pandemic. Back by popular demand will be Top 10 Papers presented by Dr. Henry Siu, and Indigenous Health by Dr. Ojistoh Horn.

As we continuously strive to bring you new topics relevant to the rapidly changing world around us, for the first time ever, we will have presentations on Environmental Sustainability and the emerging role of Generative AI in LTC.

For those newer to the field the LTC 101 mini course will provide a half day primer for everything you need to thrive in your role as a clinician working in LTC.

Therefore, whether you are a seasoned professional or new to the field, this conference offers something for everyone. Don't miss out on the chance to connect with colleagues from across the province, share your experiences, and gain insights that will drive your practice forward.

We look forward to welcoming you to what promises to be an unforgettable event. Mark your calendar and get ready to be inspired!

Dr. Katarina Lakovic  
Chair, Practical Pearls in LTC Conference 2024

## BOARD OF DIRECTORS, 2024

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	<b>Abhishek Narayan</b>	<b>MD, CCFP (COE)</b>
	<b>Vu Kiet Tran</b>	<b>MD, FCFP(EM), MHSc, MBA, CHE, ICD.D</b>

## SCIENTIFIC PLANNING COMMITTEE, 2024

<b>Chair</b>	<b>Katarina Lakovic</b>	<b>MSc, MD, CCFP (COE)</b>
<b>Members</b>	<b>Farida Atcha</b>	<b>MD, CCFP, FCFP</b>
	<b>Maureen Gottesman</b>	<b>MD, MEd, CCFP(COE)</b>
	<b>Carrie Heer</b>	<b>NP-PHC, RN (EC), BScN, MN</b>
	<b>J. Fred Mather</b>	<b>MD, CCFP, FCFP</b>
	<b>Joel Ross</b>	<b>MD, CCFP(EM)</b>
	<b>Henry Siu</b>	<b>MD, CCFP (COE), FCFP</b>
	<b>Vu Kiet Tran</b>	<b>MD, FCFP(EM), MHSc, MBA, CHE, ICD.D</b>

## Location and Accommodations

### Hilton Hotel Toronto Downtown

145 Richmond Street West  
Toronto, Ontario M5H 2L2

**BOOK BY SEPTEMBER 23!**

[Click Here to Make Your Reservation Today!](#)

A block of rooms is being held at the Hilton Hotel until Monday, **September 23, 2024**. The Ontario Long Term Care Clinicians and the Hilton Hotel cannot guarantee availability at any time. The applicable rate for a standard room for this event is **\$319.00 per night plus taxes**. All rooms are single or double occupancy and rates are available October 24—October 27, 2024, plus 3 days prior and 3 days post event dates.

**Cancellation Clause:** A deposit equal to one night's stay is required to hold each guest's reservation at the time of reservation and must be secured with a valid credit card refundable up to 3 days in advance of your event date.

**Check In:** Check in time is 3:00 pm. Check out time is 12 noon.

**Parking:** Parking is available at the hotel at a charge of \$45/day valet and \$35/day self-park plus taxes and subject to change without notice as the Hilton does not own the parking under the hotel. It is a separate company.

**About the Hilton Hotel:** Located in downtown Toronto, next to Osgoode Station, within 10 minutes' walk of Union Station, CN Tower, Royal Ontario Museum, and CF Toronto Eaton Centre. Using public transit, St. Lawrence Market, Rogers Centre, and the Distillery District are 15 to 20 minutes away. The indoor-outdoor pool is open all year.



## Mobile App

The mobile app offers attendees a superior user experience. The app will allow access to the agendas, as well as speakers and session descriptions. There will be a map of the venue including the locations of all of the sessions and sponsor and exhibitor information. Attendees will be able to use the app to access surveys and even tweet their experience, plus check and read all the bios for all presenters at the 2024 Conference.



## Posters

Posters will be available for viewing on Friday, Saturday & Sunday. Posters will demonstrate a research project, best practice, current trend in Long-Term Care or relevant clinical cases. You can find the posters in the General Concourse of the OLTCC Registration area, which is the level below the lobby.

## General Information

### BADGES

Once registered, please ensure you wear your badge for entrance to all sessions, meals and reception. Your badge must be visible and worn throughout the event in order to have access to the program.

### BUDDIE SYSTEM—NEW TO CONFERENCE?



If you are a new participant to the conference this year and would like to be buddied up with someone to get to know other people and the OLTCC, let us know on the registration form and we will provide you with information on the buddy system.

### CONCURRENT WORKSHOP CHOICES



When selecting your workshop choice, and it appears that your choice is not available, that indicates the choice you are making is full and not available. Please move to another choice listed, which is still available. The online system automatically removes the workshop from the selections once full. If registering by mail, the office will notify you directly by email if you have selected a workshop that is full and you will be given the option of others that are still open. Some workshops are repeated twice and are noted in the program.

### PRESENTATIONS AVAILABLE THROUGH THE WEBSITE



Prior to the conference, all authorized presentations will be also be posted on the website and will be password protected for all of the conference attendees only. This will allow you to download what presentations you would like to have while at the conference.

### PRESENTERS BIOS, 2024

You can find the Biographies of the Keynote, Plenary and Panel presenters in the pages following each day's program outline. For all other presenters, you will be able to find and read about them on the Mobile App that will be available to all attendees of the 2024 Conference.

### REGISTRATION—NOTE EARLY BIRD, REGULAR AND ONSITE DEADLINE DATES, 2024—Page 4

See pages 14 and 15 for registration. If registering online, please use this guide to choose your workshops before you log in.

**MEMBER EARLY BIRD RATE  
ENDS SEPTEMBER 20!**



## Important Dates & Activities

Member Early Bird Rate Ends	Friday <b>September 20</b> , 2024
Regular Rates Apply	Up to Friday <b>October 18</b> , 2024
Hotel Cut Off Date for Room Reservations	Monday <b>September 23</b> , 2024
Cancellations Accepted, with a \$60.00 Fee	To Friday <b>September 20</b> , 2024
Delegate Substitution Policy Applies, no Fee	Up to Friday <b>October 18</b> , 2024
Delegate Substitution Policy Applies, \$60.00 Fee	From Saturday <b>October 19</b> , 2024
Late & Onsite Rates Apply	From Saturday <b>October 19</b> , 2024

## Conference 2024 *Practical Pearls* in Long Term Care

## Schedule of Activities

### Onsite Registration Hours

Friday October 25	7:00 am—4:30 pm
Saturday October 26	7:00 am—5:30 pm
Sunday October 27	7:30 am—3:00 pm

### Friday October 25, 2024

Registration Desk Open	7:00 am—4:30 pm
Continental Breakfast	7:00 am—9:00 am
Poster Displays	12:00 pm—4:00 pm
Half Day Workshops AM	8:45 am—12:00 pm
Half Day Workshops PM	12:45 pm—4:00 pm
Refreshment Break AM	10:15 am—10:30 am
Buffet Lunch	12:00 pm—12:45 pm
Refreshment Break PM	2:30 pm—2:45 pm
Launch Speaker	4:00 pm—5:00 pm
Welcome Wine & Cheese Reception	5:00 pm—6:00 pm

### Saturday October 26, 2024

Registration Desk Open	7:00 am—5:30 pm
Breakfast	7:45 am—9:00 am
Poster Displays	7:00 am—5:30 pm
Symposium	8:00 am—9:00 am
Greetings from Minister of LTC	9:00 am—9:05 am
Opening Remarks	9:05 am—9:15 am
Keynote Speaker	9:15 am—10:15 am
Break, Exhibits, Posters	10:15 am—10:45 am
Concurrent Workshops	10:45 am—11:45 am
Buffet Lunch, Exhibits, Posters	11:45 am—12:45 pm
Award Presentation(s)	12:45 pm—1:00 pm
Panel	1:00 pm—2:00 pm
Concurrent Workshops	2:00 pm—3:00 pm
Break, Exhibits, Posters	3:00 pm—3:30 pm
Plenary	3:30 pm—4:30 pm
Plenary	4:30 pm—5:30 pm
Cocktail Hour	5:30 pm—6:30 pm

### Sunday October 27, 2024

Registration Desk Open	7:30 am—2:00 pm
Breakfast	7:45 am—9:00 am
Symposium	8:00 am—9:00 am
Opening Remarks & OMA Report	9:00 am—9:15 am
OLTCC Annual General Meeting	9:15 am—10:15 am
Break, Exhibits, Posters	10:15 am—10:45 am
Plenary	10:45 am—11:30 am
Concurrent Workshops	11:30 am—12:30 am
Sandwich Buffet Lunch	12:30 am—1:15 am
Concurrent Workshops	1:15 am—2:15 pm
Closing Plenary	2:15 pm—3:00 pm
Conference Ends	3:00 pm

## How To Register—See Pages 14 & 15

1. Choose the package that you want and correctly identify the fee category (member, non-member, student) and the date(s) you are registering. See page 15.
2. Choose your workshops from the program. Workshops will be confirmed once registration and payment is complete.
3. **CLICK HERE FOR ONLINE REGISTRATION**  
**PLEASE NOTE:** You must Create a New User Account for the Conference—Use: Start Here: OLTCC Conference 2024 to start your registration. If you are logging back in please use the Log Back In Tab.
4. **BY MAIL,** Complete the registration on pages 14 and 15 of this guide and return to the OLTCC office by mail: 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2
5. Student registrations must also include proof of student status with their registration.



LAUNCH SPEAKER

The Excellence Principle:

**UNLEASHING YOUR POTENTIAL THROUGH THE POWER OF FEELING GOOD**

Robert Hawke – Speaker and Presenter

**FRIDAY OCTOBER 25—4:00 PM**

*Imagine having a game-changing tool that instantly boosts your intelligence, creativity, and productivity.*

The Excellence Principal: Unleashing Your Potential Through The Power of Feeling Good that gives audiences immediately usable tips and tools to build resilience.



**OPENING KEYNOTE SPEAKER**

**RESIDENTS AND FAMILY CARE GIVERS: ESSENTIAL PERSPECTIVES**

BRIAN GOLDMAN, MD, FCFP, FACEP

**SATURDAY OCTOBER 26—9:15 AM**

**PANEL PRESENTATION**

**RECOMMENDATIONS FROM THE GLTCRC**

**SATURDAY OCTOBER 26—1:00 PM**



**MODERATOR—KERSTIN MOSSMAN, MD, CCFP (COE), FCFP**



REJEAN DUWYN  
MD CCFP(EM) FCFP  
Regional Supervising  
Coroner



SID FELDMAN  
MD, CCFP,  
FCFP, CMD



MARK LACHMANN,  
MD, MHSC,  
FCFP, FRCP



ANDREA MOSER  
MD, MSc, CCFP( COE),  
FCFP, CMD



**PLENARY SESSION**

**INDIGENOUS HEALTH**

OJISTOH HORN, MSc, MD, CCFP

**SATURDAY OCTOBER 26—3:30 PM**



**PLENARY SESSION**

**PUBLIC HEALTH PERSPECTIVE ON LTC**  
KIERAN MOORE, MD, CCFP(EM), FCFP,  
MPH, DTM&H, FRCPC, FCAHS

**SATURDAY OCTOBER 26—4:30 PM**



**PLENARY SESSION**

**ENVIRONMENTAL SUSTAINABILITY IN LTC**

MYLES SERGEANT, MD, P.ENG, FCFP

**SUNDAY OCTOBER 27—10:45 AM**



**CLOSING PLENARY SESSION**

**TOP 10 PAPERS**

HENRY SIU MSc, MD, CCFP (COE) FCFP  
**SUNDAY OCTOBER 27—2:15 PM**



## FRIDAY OCTOBER 25, 2024—Select 1 AM Workshop and 1 PM Workshop

7:00 AM—4:30 PM

**REGISTRATION OPEN**

7:00 AM—9:00 AM

**CONTINENTAL BREAKFAST**

**Friday Workshops:** The full 3-day package fee includes the selection of 2 half-day Friday workshops. 1 am workshop and 1 pm workshop

### MORNING WORKSHOPS

8:45 AM—12:00 PM

**HALF DAY WORKSHOP—25-01**

**MAXIMUM 20 PPL**

**SERIOUS ILLNESS CONVERSATIONS**

Break: 10:15 am—10:30 am

**CELESTE FUNG, BSc, MD, CC, CFP (COE), FCFP**

Lunch: 12:00 pm—12:45 pm

**AMY HSU, PHD**

**Learning Objectives:**

1. Summarize the rationale for a systematic approach to improving conversations about patient values and priorities in serious illness with a focus on frailty.
2. Define the structure of the Serious Illness Care intervention and its components.
3. Practice using a structured, person-centred approach to goals-of-care conversations.

8:45 AM—12:00 PM

**HALF DAY WORKSHOP—25-02**

Break: 10:15 am—10:30 am

**MANDATORY LTC TRAINING/NEW TO PRACTICE**

Lunch: 12:00 pm—12:45 pm

**FRED MATHER, MD, CC, CFP, FCFP  
CARRIE HEER, NP-PC, RN(AC), BScN, MN**

**Learning Objectives:**

1. Review the requirements for mandatory training in the LTC Homes act.
2. Assess the educational needs of MDs and NPs in LTC.
3. Present the core topics of mandatory training.
4. Recommend opportunities for reflective practice.

8:45 AM—12:00 PM

**HALF DAY WORKSHOP—25-03**

Break: 10:15 am—10:30 am

**WOUND CARE IN LTC**

Lunch: 12:00 pm—12:45 pm

**CAROL OTT, MD, FRCPC  
KAREN CHIEN, MSc MD, CC, CFP (COE, PC), FCFP, IWWCC  
JOSHUA MORALEJO, RN, BScN, MScCH  
NANCY XI, MD, CC, CFP, IWWCC, CQuIPS**

**Learning Objectives:**

1. Review normal wound healing and implications of the aging skin.
2. Learn a standardized approach to wound assessment and management.
3. Explore different types of wound cleansers, primary dressings and secondary dressings.
4. Discuss practical strategies of optimizing wound care outcomes in LTC patients through cases/group study.

12:00 PM—12:45 PM

**BUFFET LUNCHEON**

### AFTERNOON WORKSHOPS

12:45 PM—4:00 PM

**HALF DAY WORKSHOP—25-04**

Lunch: 12:00 pm—12:45 pm

**RISK FACTORS AND MEDICATION OPTIMIZATION IN LTC**

Break: 2:30 pm—2:45 pm

**JOANNE HO, MD, FRCPC, MSC  
FRED MATHER, MD, CC, CFP, FCFP**

**Learning Objectives:**

1. Assess secondary prevention of cardiovascular disease.
2. Discuss prescribing and de-prescribing cognitive enhancers.
3. Review drug-to-drug interactions.

12:45 PM—4:00 PM

**HALF DAY WORKSHOP—25-05**

Lunch: 12:00 pm—12:45 pm

**ASSESSMENT AND MANAGEMENT OF COMMON MENTAL HEALTH RELATED PRESENTATIONS IN LTC HOMES**

Break: 2:30 pm—2:45 pm

**SOPHIYA BENJAMIN, MBBS, HSC, FRCPC**

**Learning Objectives:**

1. The components of a comprehensive psychiatric interview.
2. The biopsychosociocultural formulation and its usefulness in care planning.
3. Management of common mental illnesses presenting in LTCs.

12:45 PM—4:00 PM

**HALF DAY WORKSHOP—25-06**

Lunch: 12:00 pm—12:45 pm

**LONG-TERM CARE 101 MINI**

Break: 2:30 pm—2:45 pm

**RHONDA COLLINS, MD, CC, CFP (COE), FCFP, EMBA  
LORAND KRISTOF, MD, MSC, CC, CFP (COE)  
BENOÎT ROBERT, MD, CC, CFP (COE, PC), MBA  
SANDY SHAMON, MD, CC, CFP, PC  
VU KIET TRAN, MD, MHSc, MBA, CHE, ICD.D**

**Learning Objectives:**

**Participants will be able to:**

1. Recognize frailty and provide frailty informed approaches to care.
2. Review clinical guidelines and adapt them with a frailty lens.
3. Review laboratory results and interpret nuances based on a frailty lens.





### LAUNCH SPEAKER

**The Excellence Principle:**

### UNLEASHING YOUR POTENTIAL THROUGH THE POWER OF FEELING GOOD

**Robert Hawke – Speaker and Presenter**

**FRIDAY OCTOBER 25—4:00 PM—5:00 PM**

*Imagine having a game-changing tool that instantly boosts your intelligence, creativity, and productivity.*

Drawn from his years working as a comedian at **Second City** Robert Hawke creates an audience experience that is **funny, useful** and will **help you increase your sense of purpose** for the work you do in LTC. He has shared in a **Canadian Comedy Award** and **Gemini Award Nomination** for **Best Writing in a Comedy Series**. Robert created the presentation **The Excellence Principal: Unleashing Your Potential Through The Power of Feeling Good** that gives audiences immediately usable tips and tools to build resilience.



### 5:00 PM—6:00 PM—WINE AND CHEESE RECEPTION, BOOK SIGNING AND BOOK GIVEAWAY!

## FRIDAY OCTOBER 25, FACULTY

### SOPHIYA BENJAMIN, MBBS, MHSC, FRCPC

Dr. Benjamin is Associate Professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University and the Schlegel Chair for Mental Health in Aging. She is the Co-Founder and Co-Executive Director of GeriMedRisk, a publicly funded, not-for-profit organization that optimizes medications in older adults through clinical consultations in Ontario and education of clinicians nationally and internationally.

### KAREN CHIEN, MSc, MD, CCFP, (COE, PC) FCFP, IIWCC

Enjoying the challenge of caring for increasingly complex and older individuals, Dr Karen Chien is an academic hospitalist at Hennick Bridgepoint Hospital, Sinai Health, always motivated to learn of ways to optimize post-acute recovery and transitions back to the community. She is a Wound Care consultant at Women's College Hospital.

### CELESTE FUNG, MD, FRCPC, MSc

Dr. Celeste Fung is a family physician and the Medical Director for St. Patrick's Home of Ottawa. She completed her Residency at the University of Ottawa where she is an Assistant Professor in the Department of Family Medicine. She enjoys collaborating with investigators interested in research to improve the quality of care in LTC.

### RHONDA COLLINS, MD, CCFP (COE), FCFP, EMBA

Rhonda Collins is a Care of the Elderly physician and serves as the current President of OLTC and Chair of the Community of Practice Committee. She is an Assistant Clinical Professor in the Department of Family Medicine at McMaster where she has held various roles including Regional Geriatric Preceptor for Family Medicine and Post-Graduate Program Development Leader for Care of the Elderly.

### CARRIE HEER, NP-PHC, RN(EC), BScN, MN

Carrie obtained her Bachelor of Science in Nursing from University of Windsor & Master of Nursing & Advanced Graduate Diploma: Advanced Nursing Practice from Athabasca University. Carrie currently holds the position of Nurse Practitioner, Brant Community Healthcare Systems, Emergency Department/Nurse Led Outreach Team (NLOT) where she works collaboratively with LTC homes to reduce unnecessary ED transfers. Carrie has held roles that included acute care, education, public health and advanced nursing practice.

### JOANNE HO, MD, FRCPC, MSc

Dr. Joanne Ho is a geriatrician, clinical pharmacologist and the Schlegel Chair in Geriatric Pharmacotherapy and Associate Professor of medicine, geriatric medicine and clinical pharmacology at McMaster University. She is Founder and Co-Executive Director of GeriMedRisk which strives to improve medication safety among older adults with multimorbidity and polypharmacy through interdisciplinary clinical consultations, education and research.

### AMY HSU, PhD

Dr. Amy Hsu is an Investigator at the Bruyère Research Institute and holds a uOttawa Brain and Mind-Bruyère Research Institute Chair in Primary Health Care in Dementia. She is also a Lecturer in the Department of Family Medicine. Her research uses population-level health administrative data to examine older adults' health and health care needs, especially in those living with dementia and individuals needing long-term care.

### LORAND KRISTOF, MD, MSc, CCFP (COE)

Dr. Lorand Kristof is a Family Physician trained in Family Medicine and Geriatrics. He is Medical Director at Malton Village LTC in Mississauga and Davis Centre LTC in Bolton. He is an Assistant Clinical Professor, Department of Family Medicine at McMaster University.

### FRED MATHER, MD, CCFP, FCFP

Dr. Mather served both as president of OLTC and the prior Ontario Long Term Care Physicians. He is the Medical Director of Sunnyside Home, the municipal home for the Region of Waterloo, and attending physician for two Revera Living Homes. He serves as Vice Chair for the Ontario Association of Resident Councils.

### JOSHUA MORALEJO, RN, BScN, MScCh

Joshua is a Clinical Nurse Specialist for Wound & Ostomy Care at UHN – TRI Bickel Centre. He has been actively involved in several provincial expert panel initiatives related to wound care and the current President – Elect for the Canadian Pressure Injury Advisory Panel and the NSWOCC Ontario Regional Board Director.

### CAROL OTT, MD, FRCPC

Carol Ott, MD, is a Geriatrician working in Toronto, Ontario Canada at Baycrest Health Sciences and Women's College Hospital. She spent a year doing a fellowship in Wound Care and completed the International Interprofessional Wound Care Course (IIWCC-CAN) associated with the University of Toronto. She is a graduate of the Master Teacher Program and the Certificate Course in Quality Improvement and Patient Safety (C-QIPs). She is an Assistant Professor in Geriatric Medicine with a cross appointment in Palliative Medicine at the University of Toronto.

### BENOÎT ROBERT, MD, CCFP (COE, PC), MBA

Ben Robert has been practicing LTC medicine for over 25 years. He serves on the Board of the Ontario Long-Term Care Clinicians as past – president. He has earned additional qualifications in Care for the Elderly and Palliative Care. He remains active at the local, regional, and provincial level advocating for LTC.

### SANDY SHAMON, MD, CCFP, PC

Dr Sandy Shamon is a physician and medical director practicing in LTC medicine and Palliative Care in Toronto. She is currently involved in teaching and research with a focus on improving transitions in care by bridging and scaling frailty conversations and the palliative approach. Dr Shamon is currently the vice president with the Ontario Long Term Care Clinicians.

### VU KIET TRAN, MD, MHSc, MBA, CHE, CD.D

Dr. Tran is an emergency medicine, family medicine, and LTC Physician since 2000.

### NANCY XI MD, CCFP, IIWCC, CQIPs

Dr. Nancy Xi is a family physician who works as a hospitalist at Toronto Rehab Institute. She attended medical school at University of Toronto and completed her Family Medicine training at McMaster University with a Fellowship in Hospitalist Medicine. Her clinical interests include wound care and quality improvement.

### PLENARIES, WORKSHOPS, EXHIBITS

7:00 AM—5:30 PM

**REGISTRATION OPEN**

7:45 AM—9:00 AM

**BREAKFAST & SYMPOSIUM**

8:00 AM—9:00 AM

**SYMPOSIUM BY **

**PRACTICAL STRATEGIES TO REDUCE RESPIRATORY INFECTIONS IN THE LTC SETTING**

*Presenter: Will Cheng, MD, CCFP, FCFP, Adjunct Professor, Department of Family Medicine, Western University*

9:00 AM—9:05 AM

**GREETINGS FROM MINISTER**

**KUSEDOVA-BASHTA—Minister of LTC**

9:05 AM—9:15 AM

**OPENING REMARKS, WELCOME & ADVOCACY BRIEFING REPORT**

**RHONDA COLLINS, MD, CFPC (COE), FCFP, EMBA  
PRESIDENT, OLTCC**

9:15 AM—10:15 AM

**RESIDENTS AND FAMILY CARE GIVERS: ESSENTIAL PERSPECTIVES**

**BRIAN GOLDMAN, MD, FCFP, FACEP**

**Learning Objectives:**

1. Provide personal witness to care provided in long term care.
2. Recommend approaches to care that provide the best resident-centred outcomes.

3. At the conclusion of the presentation, attendees will have fresh insights as caring clinicians in LTC.

10:15 AM—10:45 AM

**BREAK, EXHIBITS, POSTERS**



### MORNING WORKSHOPS

10:45 AM—11:45 AM **CONCURRENT WORKSHOPS**

*Select only one workshop from this time slot.*

*Some workshops are offered again at 2:00 pm and are noted and indicated with an *

**WORKSHOP 101-26 10:45 am—11:45 am**

**PHARMACOLOGIC BPSD MANAGEMENT**

*Repeated at 2:00 pm #107-26*

**SID FELDMAN, MD, CCFP, FCFP, CMD**

**Learning Objectives:**

1. Acknowledge how challenging treatment can be and why you should have perhaps considered a career in accountancy, or as a rock musician;
2. Have at least 10 good excuses for not returning calls from your LTC home when BPSD symptoms are out of control and chairs are being flung;
3. Use a dart board to select drugs of choice, the more the better; OR
4. Use an evidence-based approach to rational and judicious prescribing and deprescribing for residents with behavioural and psychological symptoms of dementia.



**WORKSHOP 102-26 10:45 am—11:45 am**

**FINDING THE SWEET SPOT: LET'S TALK ABOUT GLYCEMIC CONTROL IN LTC**

*Repeated at 2:00 pm #108-26*

**LISA MCCARTHY, PHARM D MSC**

**ILIANA LEGA, MD MSC FRCPC**

**Learning Objectives:**

1. Highlight the evidence supporting new Canadian Society for Long-Term Care Medicine (CSLTCM) recommendations for Choosing Wisely Canada re: avoiding sliding scale insulin and focusing on A1c targets.
2. Discuss the role of new monitoring technologies and novel antihyperglycemic medication options for LTC residents.
3. Describe approaches for having conversations with residents and families regarding goals of diabetes care.



**WORKSHOP 103-26 10:45 am—11:45 am**

**AGEISM INSIDE AND OUTSIDE LTC**

**VU KIET TRAN, MD, MHSc, MBA, CHE, ICD.D**

**Learning Objectives:**

1. Describe Ageism.
2. Recognize Ageism in all its forms.
3. Change behavior and mindset to fight Ageism.



### WORKSHOP 104-26 10:45 am—11:45 am INNOVATION THROUGH INTEGRATION: IMPROVING HEALTH OUTCOMES IN LTC THROUGH HOSPITAL PARTNERSHIPS

AMIT ARYA, MD, CCFP (PC), FCFP  
ZAHRA ISMAIL, RN, MN, MHSC, ENC(C), CHE  
Learning Objectives:

1. To share insights about the North York Congregate Access and Support Team (NY CAST), an exciting initiative to provide increased supports to LTC homes.
2. To understand the barriers and facilitators to building partnerships and providing supports in LTC.
3. To raise awareness of the need for better health systems integration and transitions of care.

### WORKSHOP 105-26 10:45 am—11:45 am

Repeated at 2:00 pm #110-26

#### PALLIATIVE CARE REFRESHER

JANICE LEGERE, MD, CCFP (PC)  
SANDY SHAMON, MD, CCFP (PC)

Learning Objectives:

1. Approach to symptoms assessment.
2. Pharmacologic management of common end of life symptoms (pain, GI symptoms, SOB, delirium).
3. Review additional resources available /troubleshooting to avoid need for transfer to hospital.

### WORKSHOP 106-26 10:45 am—11:45 am

Repeated at 2:00 pm #111-26

#### FUNDAMENTALS OF RENAL CARE IN THE LTC SETTING

MEERA JOSEPH, MD, FRCPC  
Learning Objectives:

1. Handling of hyponatremia and hyperkalemia in the LTC setting.
2. Management of the fluid-overloaded patient.
3. Novel therapies (SGLT2i, ns-MRA, and GLP-RA): Where do they fit into the care of CKD in the frail and elderly?

11:45 AM—12:45 PM

Sponsored by: 

**BUFFET LUNCHEON  
ROUND TABLE TALKS**

During lunch various tables will have signs posted with topics of interest for discussion and each will have a moderator assigned. Feel free to join any of the table talks and participate in the discussion.



### 12:45 PM—1:00 PM—OLTCC AWARDS

Presentation to recipients of the OLTCC Awards for 2024.

1:00 PM —2:00 PM

### PANEL DISCUSSION RECOMMENDATIONS FROM THE GLTCRC



Moderator: KERSTIN MOSSMAN, MD, CCFP (COE) FCFP



REJEAN DUWYN  
MD CCFP(EM)  
FCFP

Regional Supervising  
Coroner



SID FELDMAN  
MD, CCFP, FCFP,  
CMD



MARK LACHMANN  
MD, MHSC, FCFP,  
FRCP



ANDREA MOSER  
MD, MSc, CCFP  
(COE), FCFP, CMD

Learning Objectives:

1. A description of the GLTCRC and its mandate and some words on how its recommendations go to government (and become legislation).
2. Discussion of the work of the GLTCRC and how it liaises with the OLTCC to improve LTC care and safety in Ontario.
3. A discussion of 2-3 cases reviewed by the committee that produced recommendations for the OLTCC. The cases may be illustrative or educational cases from the archives of the GLTCRC and may show how recommendations are generated, and how these recommendations promote improved safety for LTC patients.

## AFTERNOON WORKSHOPS

2:00 PM—3:00 PM

### CONCURRENT WORKSHOPS

Select only one workshop from this time slot.

Some workshops are offered again from the 10:45 am choices and are noted and indicated with an 

### WORKSHOP 107-26 2:00 pm—3:00 pm

Repeated from 10:45 am #101-26

#### PHARMACOLOGIC BPSD MANAGEMENT

SID FELDMAN, MD, CCFP, FCFP, CMD

Learning Objectives:

1. Acknowledge how challenging treatment can be and why you should have perhaps considered a career in accountancy, or as a rock musician;
2. Have at least 10 good excuses for not returning calls from your LTC home when BPSD symptoms are out of control and chairs are being flung;
3. Use a dart board to select drugs of choice, the more the better; OR
4. Use an evidence-based approach to rational and judicious prescribing and deprescribing for residents with behavioural and psychological symptoms of dementia.

### WORKSHOP 108-26 2:00 pm—3:00 pm

#### FINDING THE SWEET SPOT: LET'S TALK ABOUT GLYCEMIC CONTROL IN LTC

*Repeated from 10:45 am #102-26*

LISA MCCARTHY, PHARM D, MSC

ILIANA LEGA, MD, MSC, FRCPC

#### Learning Objectives:

1. Highlight the evidence supporting new Canadian Society for Long-Term Care Medicine (CSLTCM) recommendations for Choosing Wisely Canada re: avoiding sliding scale insulin and focusing on A1c targets.
2. Discuss the role of new monitoring technologies and novel antihyperglycemic medication options for LTC residents.
3. Describe approaches for having conversations with residents and families regarding goals of diabetes care.

R

### WORKSHOP 109-26 2:00 pm—3:00 pm

#### TACKLING ANTIBIOTIC RESISTANCE IN LTC: PROACTIVE STRATEGIES FOR APPROPRIATE ANTIBIOTIC PRESCRIBING

BRADLEY LANGFORD, PHARM D, BCIDP, MPH

LUCAS CASTELLANI, MD, FRCPC

#### Learning Objectives:

1. Explain the health threat of antimicrobial resistance (AMR) and how it impacts long-term care residents.
2. List 3 antimicrobial stewardship strategies to mitigate AMR in Long-Term care.
3. Describe the benefits and drawbacks to the use of local antibiograms.

### WORKSHOP 110-26 2:00 pm—3:00 pm

#### PALLIATIVE CARE REFRESHER

*Repeated from 10:45 am #105-26*

JANICE LEGERE, MD, CCFP (PC)

SANDY SHAMON, MD, CCFP (PC)

#### Learning Objectives:

1. Approach to symptoms assessment.
2. Pharmacologic management of common end of life symptoms (pain, GI symptoms, SOB, delirium).
3. Review additional resources available /troubleshooting to avoid need for transfer to hospital.

R

### WORKSHOP 111-26 2:00 pm—3:00 pm

#### FUNDAMENTALS OF RENAL CARE IN THE LTC SETTING

*Repeated from 10:45 am #106-26*

MEERA JOSEPH, MD, FRCPC

#### Learning Objectives:

1. Handling of hyponatremia and hyperkalemia in the LTC setting.
2. Management of the fluid-overloaded patient.
3. Novel therapies (SGLT2i, ns-MRA, and GLP-RA): Where do they fit into the care of CKD in the frail and elderly?

R

### WORKSHOP 112-26 2:00 pm—3:00 pm

#### AGING IN VISUAL ARTS

LORAND KRISTOF, MD, MSC, CCFP (COE)

TIMEA KRISTOF, BFA, MED, OCT

#### Learning Objectives:

1. Review the importance of humanities in medical education.
2. Illustrate representative visual art pieces depicting older adults and geriatric conditions.
3. Reflect on how aging and pathology is being represented in visual arts

### 3:00 PM—3:30 PM

#### BREAK, POSTERS, EXHIBITS

### 3:30 PM—4:30 PM

#### PLENARY SESSION INDIGENOUS HEALTH

OJISTOH HORN, MSC, MD, CCFP

#### Learning Objectives:

1. Describe a framework for describing the structural determinants of Indigenous Elder health.
2. Elaborate on the relationship of the environment and neurocognitive decline.
3. Illustrate how culture and land based programming can improve the Elder wellbeing.



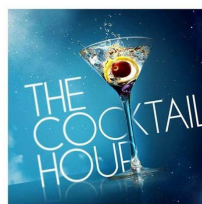
### 4:30 PM—5:30 PM

#### PLENARY SESSION PUBLIC HEALTH PERSPECTIVE ON LTC

KIERAN MOORE, MD, CCFP (EM),  
FCFP, MPH, DTM&H, FRCPC, FCAHS

#### Learning Objectives:

1. Review lessons learned from COVID 19 and other outbreaks in LTC.
2. Advise of Public Health's role for infection prevention and control.
3. Recommend priorities to assure the future safety of residents in Long-Term care.



### 5:30 PM—6:30 PM

#### COCKTAIL HOUR

Join us for a Complimentary Cocktail (Wine, Beer, Soft Drink) after today's program and up with friends and peers and enjoy an hour of down-time before heading out for your evening plans!

#### SPONSORED BY:



## SATURDAY OCTOBER 26, FACULTY

### Keynote, Plenary & Panel Presenters

Check Mobile App at the Conference for a full list of Presenters and Bios

#### REJEAN DUWYN, MD CCFP(EM) FCFP

Rejean Duwyn is the Regional Supervising Coroner for Operations with the Office of the Chief Coroner. I am co-chair of the Geriatric and Long-Term Care Review Committee. I am also the clinical lead for the Coroner Investigator programme and involved in the RDN programme. Previously I practiced family and emergency medicine.

#### SID FELDMAN, MD, CCFP, FCFP, CMD

Dr. Sid Feldman is an Associate Professor and Head of the Division of Care of the Elderly in the and Department of Family Community Medicine, Temerty Faculty of Medicine, University of Toronto, and serves as the Executive Medical Director of Residential Programs and Chief of the Department of Family and Community Medicine at Baycrest Health Sciences. He has been a LTC medical director and attending physician for many years.

#### BRIAN GOLDMAN, MD, FCFP, FACEP

Dr. Brian Goldman is a staff emergency physicians at Sinai Health System in Toronto. He is the host of White Coat, Black Art and The CBC Podcast The Dose. He is the author of four Canadian bestsellers. His latest - The Power of Teamwork - was published in 2022.

#### OJISTOH HORN

Ojistoh is a Mohawk / Haudenosaunee woman providing culturally safe care to BIPOC patients. She works as a family physician taking care of her people through all stages of the lifecycle. She teaches medical students and family medicine residents the complexities of providing primary care to Indigenous peoples and their communities. Family Physician, Kanonkwatserio: "Good Medicine Clinic," general family medicine, maternal child health, long term care, home visits; General Medicine, Cornwall Community Hospital, discharge planning.

#### MARK LACHMANN, MD, MHSC, FCFP, FRCP

Dr. Lachmann is the Vice President, Medical Affairs, Sinai Health. He is a geriatric psychiatrist working with patients in acute, rehabilitation, long-term care, and community settings. He is the Geriatric Psychiatry Director for the Provincial Geriatrics Leadership Office in Ontario and sits on the Geriatric and Long Term Care Death Review Committee of the Coroner's Office. Prior to geriatric psychiatry, Dr. Lachmann worked as a family physician for ten years on James Bay and Baffin Island. Primary clinical and research interests are in cross-cultural community based seniors mental care in urban and rural settings and trauma informed care.

#### KIERAN MOORE, MD, CCFP(EM), FCFP, MPH, DTM&H, FRCPC, FCAHS

Dr. Kieran Moore was appointed as Ontario's Chief Medical Officer of Health in June 2021. Prior to this, Dr. Moore served as the Medical Officer of Health for Kingston, Frontenac, Lennox and Addington from 2011 to 2021. Dr. Moore is an adjunct Professor at the University of Toronto and Queen's University. He has extensive experience in public health, surveillance systems for outbreak detection, pre-hospital care, and multidisciplinary research.

#### ANDREA MOSER, MD, MSc, CCFP(COE), FCFP, CMD

Dr. Moser is a family physician, COE, Certified Medical Director, Associate Professor, DFCM, University of Toronto, Corporate Medical Director, LTC Division, City of Toronto and Clinical Lead for LTC + Women's College Hospital. She is a board member of CSLTCM and OLTC and co-developer of the OLTC Medical Director Curriculum.

# DAY THREE

## SUNDAY OCTOBER 27, 2024

7:00 AM—3:00 PM

REGISTRATION OPEN

7:45 AM—9:00 AM

HOT BREAKFAST

Sponsored by: [Extendicare](#)

8:00 AM—9:00 AM

SYMPOSIUM BY **REGENERON®**

For Symposium Details, watch for News Releases and pick up your invitation at the Registration Desk. Enjoy your breakfast while you attend this event! Plan to attend!

9:00 AM—9:15 AM

OPENING REMARKS &

KATARINA LAKOVIC, MSc, MD, CCFP (COE),

CONFERENCE CHAIR, 2024

OMA REPORT

MOHAMED ABU-ABED MD CCFP

10:15 AM



ONTARIO LONG TERM CARE CLINICIANS—ANNUAL GENERAL MEETING

10:15 AM—10:45 AM

BREAK, EXHIBITS, POSTERS

10:45 AM—11:30 AM



PLENARY SESSION

ENVIRONMENTAL

SUSTAINABILITY IN LTC

MYLES SERGEANT, MD, P.ENG, FCFP

#### Learning Objectives:

1. Review the environmental impact of Long Term Care Homes.
2. Discuss various components of LTCs that contribute to the environmental footprint, focusing on those with clinical relevance.
3. Provide concrete and meaningful ways to enhance residents care and wellness in ways that create environmental sustainability consistent with the cultural context and values of those living in each facility.



### MORNING WORKSHOPS

Select only one workshop from this time slot.

Some workshops are offered again at 1:15 pm and are noted and indicated with an **R**

#### WORKSHOP 113-27 11:30 am—12:30 pm

Repeated at 1:15 pm #120-27

##### VACCINES/ID UPDATES

JEFF POWIS, MD, FRCPC, MSC

Learning Objectives:

1. Explore current infectious disease trends and its impact on Long-Term Care.
2. Recognize the burden of RSV and recommendations for vaccination of older adults.
3. Discuss fall vaccine recommendations for residents of Long-Term Care including COVID-19
4. Review the new MRSA decolonization treatment as a potential treatment option in LTC.

#### WORKSHOP 114-27 11:30 am—12:30 pm

##### NOT PROPERLY INSURING AGAINST CATASTROPHE WILL SURELY BRING BURNOUT AND UNWELLNESS

VU KIET TRAN, MD, FCFP(EM), MHSC, MBA, CHE, ICD.D

Learning Objectives:

1. Describe how does financial wellness impact overall wellness.
2. List major financial risks in a professional's life.
3. Build a strategy to reduce financial risk.

#### WORKSHOP 115-27 11:30 am—12:30 pm

##### MANAGING COPD & ASTHMA IN LONG-TERM CARE

Repeated at 1:15 pm #122-27

SHANNON RILEY, MD, FRCPC

Learning Objectives:

1. Management approach to asthma and COPD in frail elderly.
2. Indications for referral to respiratory.
3. Choosing the right inhaler for your patient.
4. Strategies to voiding hospitalizations during respiratory season.

#### WORKSHOP 116-27 11:30 am—12:30 am

##### USING GENERATIVE AI IN LTC

Repeated at 1:15 pm #123-27

FRED MATHER, MD, CCFP, FCFP

Learning Objectives:

1. Present how generative artificial intelligence can improve documentation and the clinician's efficiency.
2. Demonstrate applications of generative AI.
3. Discuss the perils and ethics of AI in clinical practice.

#### WORKSHOP 117-27 11:30 am—12:30 pm

##### ESTABLISHING AN ANTIMICROBIAL STEWARDSHIP PROGRAM IN LTC

JESSICA CUPPAGE, MD, CCFP (COE), EMHI (C)

AIDLEE CRAFT, MD, CCFP

Learning Objectives:

1. Understand the importance of antimicrobial stewardship in Long-Term care.
2. Learn about elements of an effective antimicrobial stewardship program.
3. Identify opportunities for optimizing antibiotic prescribing in Long-Term care.

#### WORKSHOP 118-27 11:30 am—12:30 pm

##### CARING FOR 2SLGBTQIA+ SENIORS

ROBYN MOXLEY, MD, CCFP, MPH

Learning Objectives:

1. Appreciate the history of discrimination and the resilience of 2SLGBTQIA+ seniors.
2. Understand some of the unique challenges faced by 2SLGBTQIA+ seniors today.
3. List three ways to provide safer healthcare to this patient population.

12:30 PM—1:15 PM

SANDWICH LUNCH BUFFET

### AFTERNOON WORKSHOPS

1:15 PM—2:15 PM

CONCURRENT WORKSHOPS

Select only one workshop from this time slot.

Some workshops are offered again from the 11:30 am choices and are noted and also indicated with an **R**

#### WORKSHOP 119-27 1:15 pm—2:15 pm

##### CLIMATE CHANGE IS HARMFUL TO OUR LTC

##### RESIDENTS—WHAT CAN WE DO TO PROTECT THEM?

MYLES SERGEANT, MD, P.ENG, FCFP

SUSAN DEERING, MD, CFPC, FCFP, MSC, MPH CANDIDATE

Learning Objectives:

1. Describe the impacts of excess ambient heat and air pollution on older adults.
2. Identify those older adults in LTC at greatest risk to heat and air pollution.
3. Counsel LTC residents and families about their risks due to heat and air pollution.

### WORKSHOP 120-27 1:15 pm—2:15 pm

*Repeated from 11:30 am #113-27*

#### VACCINES/ID UPDATES

JEFF POWIS, MD, FRCPC, MSC

R

#### Learning Objectives:

1. Explore current infectious disease trends and its impact on Long-Term Care.
2. Recognize the burden of RSV and recommendations for vaccination of older adults.
3. Discuss fall vaccine recommendations for residents of Long-Term Care including COVID-19.
4. Review the new MRSA decolonization treatment as a potential treatment option in LTC.

### WORKSHOP 121-27 1:15 pm—2:15 pm

#### WOUNDS—WHAT DO I PUT ON IT?

CAROL OTT, MD, FRCPC

KAREN CHIEN, MSC, MD, CCFP (COE, PC) FCFP, IWWCC

#### Learning Objectives:

1. Review normal wound healing and implications of the aging skin and body on wounds.
2. Review standard approach to wound care, management and diagnosis of complications of wounds.
3. Explore different types dressings and supplies considering cost-effectiveness, evidence and ease of use.
4. Discuss practical strategies of optimizing wound care outcomes in LTC patients through cases.

### WORKSHOP 122-27 1:15 pm—2:15 pm

#### MANAGING COPD & ASTHMA IN LONG-TERM CARE

*Repeated from 11:30 am #115-27*

SHANNON RILEY, MD, FRCPC

R

#### Learning Objectives:

1. Management approach to asthma and COPD in frail elderly.
2. Indications for referral to respirology.
3. Choosing the right inhaler for your patient.
4. Strategies to voiding hospitalizations during respiratory season.

### WORKSHOP 123-27 1:15 pm—2:15 pm

#### USING GENERATIVE AI IN LTC

*Repeated from 11:30 am #116-27*

FRED MATHER, MD, CCFP, FCFP

R

#### Learning Objectives:

1. Present how generative artificial intelligence can improve documentation and the clinician's efficiency.
2. Demonstrate applications of generative AI.
3. Discuss the perils and ethics of AI in clinical practice.

### WORKSHOP 124-27 1:15 pm—2:15 pm

#### A RED LEG IS NOT ALWAYS CELLULITIS

VU KIET TRAN, MD, FCFP(EM), MHSC, MBA, CHE, ICD.D

#### Learning Objectives:

1. Describe the clinical presentation of cellulitis.
2. List the cellulitis mimics.
3. List pitfalls in the diagnosis of cellulitis.

### 2:15 PM—3:00 PM

### PLENARY SESSION

#### TOP 10 PAPERS

HENRY SIU, MD, CCFP, (COE), FCFP

#### Learning Objectives:

1. Examine new evidence on the care of frail older adults in Long-Term Care.
2. Recognize the relevance of the research to one's Long-Term Care practice.
3. Identify effective, targeted interventions from each article that could change one's practice.



### 3:00 PM

### CONFERENCE ENDS

## SUNDAY OCTOBER 27, FACULTY

### Plenary Presenters

Check Mobile App at the Conference for a full list of Presenters and Bios

#### JEFF POWIS, MD, FRCPC, MSC

Jeff is an Infectious Diseases physician and associate professor in the Department of Medicine at University of Toronto. He has been with Michael Garron Hospital in East Toronto since 2006, after completing his fellowship training and masters of clinical epidemiology at U of T.

#### MYLES SERGEANT, MD, P.ENG, FCFP

Dr. Myles Sergeant is a family physician who has worked with vulnerable populations for 25+ years. In the last 5 years, he has focused his work on the intersections of climate change and healthcare. He is the Executive director of the Canadian Coalition of Green Health Care and is co-founder of PEACH Health Ontario, Trees for Hamilton, Shelter Health Network.

#### HENRY SIU, MD, CCFP, (COE), FCFP

Henry Siu is an Associate Professor in the Department of Family Medicine at McMaster University. He is a long-term care attending physician and is the program director for McMaster's care of the elderly enhanced skills program. His research focuses on goals of care and program implementation in long-term care.

THANK YOU FOR REGISTERING FOR THE 2024 CONFERENCE. PLEASE **COMPLETE BOTH PAGES OF THE REGISTRATION FORM** IN FULL AND READ AND ACCEPT THE CANCELLATION CLAUSE. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE OFFICE AT [office@oltcc.ca](mailto:office@oltcc.ca) OR 905-404-9545. YOU CAN ALSO **REGISTER ONLINE**—SEE THE LINK BELOW—BUT PLEASE CHOOSE YOUR WORKSHOPS BEFORE YOU LOGIN.



## Cancellation Policy

Cancellations received prior to **SEPTEMBER 20, 2024** are subject to a **\$60.00** administration fee. After September 21, 2024 there will be no refunds however delegate substitution can be made until **FRIDAY OCTOBER 18, 2024** with no substitution fee. From **SATURDAY OCTOBER 19, 2024** a \$60.00 delegate substitution fee applies.

I HAVE READ AND ACCEPTED THE CANCELLATION CLAUSE: ☐ YES

## Registration 2 Ways—STUDENTS: Proof of student status must accompany your registration—by email ([office@oltcc.ca](mailto:office@oltcc.ca))

@ Online: [Click here to register online!](#) — Quick & easy and only by credit card

✉ Mail: 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2

## Membership

If you are a current OLTC member, please choose the member rates on page 15. If you are not a member, please choose the non-member rates. If you want to join now and take advantage of the member rates, check the appropriate box under this section or go to <https://www.oltcc.ca/membership> and join.

☐ I am a current OLTC member ☐ I am not a member and will choose the non-member rates ☐ I will be joining now

## Delegate Registration

One form per person. Photocopies are accepted.

Status: Choose one: ☐ Medical Director ☐ Physician ☐ Pharmacist ☐ Nurse Practitioner ☐ Medical Resident ☐ Other \_\_\_\_\_

Please circle one: Dr. Mr. Mrs. Ms.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Long Term Care Facility Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

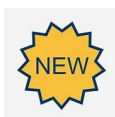
Email: (please print clearly) \_\_\_\_\_

Tel: \_\_\_\_\_

## Dietary, Allergies or Other Special Considerations

If requesting Kosher or other special meals which must be brought in from outside the facility, there will be a 'upcharge' to cover additional cost including the cost of delivery.

List dietary, allergies or other here: \_\_\_\_\_



### First Time at the Conference?

We will be introducing a "Buddy System" this year open to first-time attendees. If you would like to get paired up with a Buddy to get to know the conference and other delegates, let us know here: We will be in touch with further details closer to the Conference.

☐ Yes, please sign me up for the Buddy System. ☐ No, thank you.

## Concurrent Workshop Selection

**Concurrent workshops must be chosen with registration.** If you do not choose your workshops there is no guarantee that your choice will be available onsite due to room capacities.

### Choose two half day workshops (one am & one pm)

#### FRIDAY OCTOBER 25

- ☐ 8:45 AM—12:00 PM: Half Day Workshop AM 25-01  
☐ 8:45 AM—12:00 PM: Half Day Workshop AM 25-02  
☐ 8:45 AM—12:00 PM: Half Day Workshop AM 25-03  
☐ 12:45 PM—4:00 PM: Half Day Workshop PM 25-04  
☐ 12:45 PM—4:00 PM: Half Day Workshop PM 25-05  
☐ 12:45 PM—4:00 PM: Half Day Workshop PM 25-06

#### SATURDAY OCTOBER 26

Please choose **one** per time slot: Circle your choices

10:45 AM: 101-26 102-26 103-26 104-26 105-26 106-26

2:00 PM: 107-26 108-26 109-26 110-26 111-26 112-26

#### SUNDAY OCTOBER 27

Please choose **one** per time slot: Circle your choices

11:30 AM: 113-27 114-27 115-27 116-27 117-27 118-27

1:15 PM: 119-27 120-27 121-27 122-27 123-27 124-27



Please provide your name on this page in order to keep your registration information together.



First Name \_\_\_\_\_ Last Name: \_\_\_\_\_

Choosing Your Registration Fees CIRCLE YOUR CHOICES AND TOTAL (BECOME A MEMBER TODAY & ENJOY DISCOUNTED EARLY BIRD FEES!)

Registration fees are categorized by member fees, non-member fees, and medical resident/student fees. (see info on student fees below). Members fees include all categories of membership—Regular, Pharmacists and Nurse Practitioners. **Early Bird Fee Is Applicable to OLTCC Members Only:** Choose early bird member fees if registering before and including **September 20 and only if you are a member**. **Regular Fee Member:** Choose regular member fees if registering between **September 21 and October 18**, inclusive. **Non-members or Medical Residents/Students:** Choose regular fees to **October 18**. **Onsite Fees:** Choose onsite fees if registering from **October 19 to October 27**. **If you are not a member, and want to join now for member fees, please choose this option under Fee Totals.**

REGISTRATION FEES, 2024

A student is a postgraduate trainee in medicine or pharmacy

Proof of Student Status

3 Day Package, Oct 25, 26, 27  
Includes one full day workshop  
or two half day workshops, plus  
meals, symposium & reception  
2 Days, Any two days  
1 Day, Any one day

MEMBER EARLY BIRD To Sept 20	MEMBER REGULAR Sep 21 - Oct 18	MEMBER ONSITE Oct 19 - Oct 27	NON-MEMBER REGULAR To Oct 18	NON-MEMBER ONSITE Oct 19 - 27	STUDENT REGULAR To Oct 18	STUDENT ONSITE Oct 19 - 27
\$1,475.00	\$1,675.00	\$1,850.00	\$1,825.00	\$1,950.00	\$425.00	\$530.00
\$995.00	\$1,195.00	\$1,200.00	\$1,295.00	\$1,325.00	\$255.00	\$300.00
\$585.00	\$675.00	\$730.00	\$785.00	\$875.00	\$175.00	\$200.00

Fee Totals

Conference Fee ☐ 3 DAY FRI-SUN ☐ 2 DAYS INDICATE DAYS HERE: \_\_\_\_\_ 1 DAY ☐ FRI OR ☐ SAT OR ☐ SUN  
Must select one

Registration fees as selected .....\$ \_\_\_\_\_

OLTCC Membership Fee, Physician, \$275.00 (one year) or \$500.00 (two years) - **Join or Renew Now** ..... \$ \_\_\_\_\_

OLTCC Membership Fee, (NP, PHARM, PA), \$225.00 (one year) or \$400.00 (two years) - **Join or Renew Now** .....\$ \_\_\_\_\_

SUB TOTAL FEES: .....\$ \_\_\_\_\_

HST—13% (HST# 783327893RT0001) .....\$ \_\_\_\_\_

TOTAL PAYMENT: .....\$ \_\_\_\_\_

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By Mail: With cheque payable to: Ontario Long Term Care Clinicians, 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2

Questions? OLTCC Office: T: 905-404-9545; office@oltcc.ca

## SPONSORS, 2024—*at time of print*

### SATURDAY AM SYMPOSIUM

Saturday October 26

8:00 am

Title: Practical Strategies to Reduce Respiratory  
Infections in the LTC Setting  
<https://www.pfizer.com>



### SUNDAY AM SYMPOSIUM

Sunday October 27

8:00 am

Title: To Be Announced

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SATURDAY LUNCHEON



## EXHIBITORS—2024

Diasorin Canada Inc.

Extendicare (Canada) Inc.

Ferring Canada

Institute for Safe Medication Practices  
Canada (ISMP Canada)

MD Financial Management  
and Scotiabank Healthcare+

Ontario Osteoporosis Strategy  
for Long Term Care

Otsuka Canada Pharmaceutical  
Inc.

Pfizer Canada

Regeneron

Sandoz Canada



**Extendicare**



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## FUTURE CONFERENCES & COURSES SAVE THE DATES!

**2024—2025**

### **MEDICAL DIRECTOR REFRESHER COURSE**

**For those that have taken the full Medical Director Course  
& would like to be kept up to date with changes & updates**

*(Ministry funded—no cost to participants)*

Friday, September 27, 2024 - 1 pm—5 pm

Friday, March 28, 2024 - 1 pm—5 pm

### **MEDICAL DIRECTOR MEDICAL DIRECTOR COURSE—IN PERSON**

*(Ministry funded—no cost to participants)*

**For those that have not taken the full Medical Director Course  
(Ministry mandated)**

Friday, November 29, 2024—Sunday, December 1, 2024

### **OLTCC CONFERENCES—2024, 2025, 2026, 2027**

Friday, October 25, 2024—Sunday, October 27, 2024

Friday, October 24, 2025—Sunday, October 26, 2025

Friday, October 23, 2026—Sunday, October 25, 2026

Friday October 22, 2027—Sunday October 24, 2027

Hilton Hotel, Toronto, Ontario Canada



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